

MUADDIB: Studi Kependidikan dan Keislaman

Journal homepage: <https://journal.umpo.ac.id/index.php/muaddib>

The Urgence of Gender Responsive Marriage Guidelines as an Effort for Happy and Prosperous Family

Sri Susanti^{1*}, Siti Munawaroh², Dwiati Marsiwi³

^{1,2,3}Universitas Muhammadiyah Ponorogo, Indonesia

Correspondence: Sri Susanti E-mail: santialmanar@gmail.com

ABSTRACT

Marriage guidance is a stage that must be passed by prospective brides and grooms in an effort to form a happy and prosperous family. This study aims to describe the urgency of marriage guidance and analyze the influence of guidance programs on divorce rates, as well as to determine the obstacles faced by the Office of Religious Affairs in implementing marriage guidance for prospective brides and grooms in Ponorogo district. This study uses a descriptive method with a qualitative approach. The data collection instruments used are observation, interviews, and documentation. Analysis of research data uses data reduction, data presentation, and drawing conclusions. Marriage guidance is a stage that must be passed by prospective brides and grooms before carrying out the marriage contract in order to prepare themselves in building a household so that a happy and prosperous family is realized. The Ponorogo Regency Religious Affairs Office has implemented marriage guidance for prospective brides and grooms quite effectively in reducing the divorce rate, with 1,513 cases of divorce lawsuits and 556 cases of divorce lawsuits occurring in 2019, decreasing to 1,412 cases of divorce lawsuits and 498 cases of divorce lawsuits in 2020, and slightly increasing to 1,450 cases of divorce lawsuits and 540 cases of divorce lawsuits in 2021.

ARTICLE INFO

Article History:

Submitted/Received 10-06-2024

First Revised 24-12-2024

Accepted 27-12-2024

First Available online 27-12-2024

Publication Date 27-12-2024

Keyword:

marriage guidance,
bride and groom,
happy and prosperous family

INTRODUCTION

Marriage is a physical and spiritual bond between a man and a woman as husband and wife with the aim of forming a happy and eternal family (household) based on the Almighty God. Marriage law explicitly states that the purpose of marriage is to form a happy and eternal family based on religious teachings (Asman, 2020). Marriage is an important event in human life between a man and a woman to live together involving physical and spiritual bonds as husband and wife with the aim of forming a happy and prosperous family (Rohimah et al., 2024). Marriage also does not always go according to the expected goals, namely the creation of happiness, a sense of calm, and peace. Sometimes the household is shaken by household conflicts, both from within and outside the family, which are caused by many factors, both sociological and psychological (Soleha et al., 2024).

Conflicts in the household cannot always be resolved well by both parties, often conflicts in the household cannot be resolved by the husband and wife even conflict the drag on and become an unresolved dispute can reconciled and ended with divorce. Conflict in the family is a major challenge that can weaken family resilience, where family resilience is the main foundation in building household harmony (Supriatna et al., 2024; Santoso et al., 2024). Conflict in the family arises because of differences between husband and wife that are left and not managed and resolved properly. If a conflict is not managed properly, it will result in domestic violence and end in divorce (Jalil, 2021).

The Ponorogo Regency Religious Affairs Office carries out on going marriage guidance for prospective brides and grooms with the aim of reducing the divorce rate. With marriage guidance, it can help and direct prospective brides and grooms to understand their rights, obligations and responsibilities in the family (Syahril et al., 2023). Based on data from the Religious Court as explained by Public Relations Sukahata Wakano, in 2020 there were 498 cases of divorce and 1,412 divorce lawsuits.

Meanwhile, in 2021, there were 540 cases of divorce and 1,450 divorce lawsuits. The average age of those filing for divorce is still in the productive age, namely 30-50 years old. According to Sukahata, economic factors and infidelity are still the dominant factors in divorce. Meanwhile, the largest contributors to divorce cases are people who are Indonesian Migrant Workers (<https://gemasuryafm.com/2022/01/13/tahun-2021-hampir-2000-kasus-perceraian-di-kabupaten-ponorogo/>). The obstacles of the Religious Affairs Office in implementing this marriage guidance include the busyness of prospective brides and grooms, higher levels of education, lack of public understanding of marriage guidance, limited time, and facilities and infrastructure.

Marriage as the first step in forming a small family that is happy and prosperous in body and soul as mandated by the 1945 Constitution Article 28 B paragraph (1) of the 1945 Constitution which states "everyone has the right to form a family and continue their lineage through a legal marriage". The guarantee to be able to form a family is also regulated in Law Number 39 of 1999 concerning Human Rights, as stated in Article 10 paragraph (1) which states "everyone has the right to form a family and continue their lineage through a legal marriage" (Prasetyo, 2017). The marriage law contains the intention that the purpose of marriage, apart from continuing the lineage, is also aimed at achieving happiness.

Furthermore, in response to complaints of disputes within families and complaints of divorce between husband and wife, the Ponorogo Regency Religious Affairs Office has organized guidance through marriage guidance, as an effort to increase the understanding and knowledge of prospective brides and grooms about household/family life so that they can form a happy and prosperous family, as explained by the Head of the Office - Hayat Pihono Wiyadi - Benefits of guidance marriage for second bride can felt in a way directly by the couple husband wife Good before and after married, can tighten commitment, so that become

material reflection partner husband wife when happen problem in family.

To equip prospective brides and grooms to be able to sail the ship of household, the government is rolling out a marriage guidance program for prospective brides and grooms through the Ministry of Religion by making the Religious Affairs Office in the Regency the spearhead of the implementation of the guidance. The Religious Affairs Office is part of a government institution tasked with providing services to the community, especially in the field of Islamic religion. Marriage guidance for prospective brides and grooms is carried out by couples who are about to get married, because there are many things that must be prepared by prospective brides and grooms before marriage, including physical and spiritual preparation, so that prospective brides and grooms better understand the world of marriage and equip themselves with knowledge to form a happy and prosperous family. This is the aim of implementing marriage coaching activities for each prospective bride and groom so that they are better prepared to navigate the household for the sake of creating a happy and prosperous family.

After undergoing a marriage that begins with marriage guidance, the bride and groom can build a family that has a strong foundation, because divorced couples do not practice the knowledge they gained when

following marriage guidance. Marriage guidance for prospective brides and grooms is carried out in a duration of 24 hours of lessons which include; 1). Marriage procedures and procedures for 2 hours; 2). Religious knowledge for 5 hours; 3). Legislation in the field of marriage and family for 4 hours; 4). Rights and obligations of husband and wife for 5 hours; 5). Reproductive health for 3 hours; 6). Family management for 3 hours; and 7). Psychology of marriage and family for 2 hours.

The effectiveness of premarital guidance is aimed at preventing divorce in the family. So that the husband and wife realize that the goal of marriage must be achieved together, not just the wife or husband. Things that can improve family integrity are a sense of love, mutual respect, having time together and mutual commitment. Problems in the lives of married couples often result in quarrels that cause disharmony in household life and some even end in divorce. Many couples consider this premarital guidance to be just a formality, only following the rules of premarital guidance and only fulfilling the requirements of marriage. Thus, this study is expected to provide a significant contribution in improving the psychological well-being of individuals, families, and society as a whole and provide new insights into efforts to prevent and handle divorce in Muslim communities.

METHOD

This study uses a descriptive method with a qualitative approach. The data collection instruments used are observation, interviews, and documentation. The validity of the data uses confirmatory triangulation from the source, where the researcher matches his findings from the data obtained by confirming the findings with the data source. Analysis of research data uses the interactive analysis method from Mills and Hubberman by reducing data, presenting data, and drawing conclusions (Sugiyono, 2015).

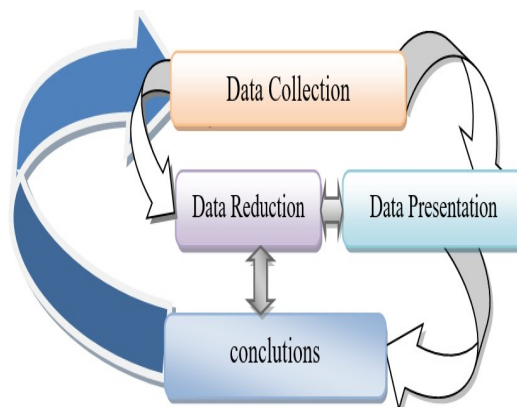


Figure 1. interactive analysis model according to Milles Hubberman

RESULTS AND DISCUSSION

Results

From the implementation of this research, the following results were obtained:

1. The effectiveness of marriage guidance for prospective brides and grooms in Ponorogo Regency.

Effectiveness can be measured by comparing the plans that have been determined with the actual results that are realized. Achieving effectiveness and success in the marriage guidance implementation process in Ponorogo district is supported by several aspects as follows:

a. Organizing Aspect

Based on an excerpt from an interview with the Ministry of Religion of Ponorogo Regency, namely the Head of the Islamic Community Guidance Section, he stated that:

"guidance marriage candidate bride which implemented by Ministry Religion in Ponorogo Regency is proof that the implementation of marriage guidance for candidate bride in accordance decision Director General Guidance Public Islam Number: 189 Year 2021 about instruction implementation guidance marriage prospective bride and groom. The implementation of marriage guidance for prospective brides and grooms is carried out in a professional, as a superior service of the District Religious Affairs Office (KUA)" (informant 11, Head of Community Guidance).

The purpose of implementing marriage guidance is to help prepare prospective brides and grooms in navigating their new life, namely married life (Prayogi & Jauhari, 2021). Bimas Islam of Ponorogo Regency actively coordinates the implementation guidance marriage until it reaches 30 class during the 2021 period. This marriage guidance is very useful for prospective brides and

grooms. They know a lot about material regarding the foundations of the sakinah family which is delivered directly by certified facilitators.

b. Aspects of marriage guidance participants who are ready to get married

Viewed from the participant's perspective, in the regulation of the Director General of Islamic Community Guidance Number: 189 of 2021, chapter III, articles 1 and 3, it is stated that marriage guidance participants have met the marriage requirements according to statutory regulations, and have submitted an application for marriage at the District Religious Affairs Office (KUA), have completed the administrative requirements for marriage and have registered to take part in marriage guidance for prospective brides and grooms (Fata et al., 2022). For each guidance participant marriage candidate bride obliged to follow the whole session and material guidance with complete, fulfil all condition and layout orderly which determined, and follow guidance marriage with seriously. This is experienced by one of the couples who participated, as stated below:

"we become understand about how to realize a samara family. Because there is a lot of material provided by the facilitator team, including from the Chief who provided material on the need for communication based on religion in family and team facilitator from Service Health that provides material on reproductive health, also from BKKBN which conveys about family planning, the rights and obligations of husband and wife with gender equality" (informant: 1).

Marriage is a *sunnatullah* that must be carried out, as commanded in Islam, Allah will grow a sense of love and affection in the hearts of each partner, so that there will be harmony

and peace in building a household (Permatasari & Turnip, 2023). There are at least four kinds of goals of marriage. These four goals of marriage should be truly understood by the prospective husband and wife, in order to avoid rifts in the household which usually ends in divorce which is hated by Allah. Among the aims of marriage are: to calm the soul, to realize (preserve) descendants, to fulfill needs biological, and exercise carry not quite enough answer. Guidance candidate the bride and groom must be carried out in such a way that marriage guidance can support the achievement of the purpose of implementing the guidance, namely the awareness of the responsibilities and obligations of husband and wife in the household so that they can form a family that is *sakinah, mawadah, wa rahmah* (Zulkifli, 2017). The organization and implementation of marriage guidance for prospective brides and grooms in Ponorogo Regency is adjusted to the number of prospective brides and grooms who register.

c. Aspects process giving material guidance marriage.

Marriage guidance for prospective bride and groom are carried out at least 16 hours of lessons in two days. Method giving guidance marriage implemented through a number of Series: *First*, the face-to-face method is followed by at least 5 pairs of prospective brides and grooms. and a maximum of 15 bridal pairs, and implemented for 2 days. *Second*: virtual method via WAG (*WhatsApp Group*), which is followed by at least 10 pairs candidate bride and as much as possible 40 install bride. According to the Head of Islamic Community Guidance of Ponorogo Regency, he stated that:

"The prospective bride bride that required to know the conditions and pillars of marriage, namely there must be a

prospective husband, prospective wife, guardian from the woman's side and two persons witness. If wrong one from candidate bride there is which do not know the conditions and pillars of marriage, then in Islam the marriage is not valid" (informant: 11). Based on interviews with couples who have been married and received material in guidance and marriage, it was stated that:

"A harmonious family is one where there is active communication between... they consist of husband and wife, child and anybody which stay together. Connection which harmonious is a relationship that is carried out in harmony, in harmony and in balance. This relationship realized through braid pattern attitude as well as behavior between husband wife who care for each other, respect each other, appreciate each other, help each other, complement each other, as well as each other love, to love and love. In connection "Between the husband and wife who are mutually supportive, there is a meaning that the husband and wife can work together as equal partners" (informant: 5).

2. The positive impact of marriage guidance on family resilience.

Based on the research results, the level of education of the prospective bride and groom has an impact on positive responses. in respond urgency guidance marriage, and readiness going to house stairs. In this study, the results showed that the positive impact guidance marriage able to maintain integrity house ladder good from economic, health, morality in the family, work and social relationships, love and communication, as well as in terms of principles and personality as seen in the following graph:

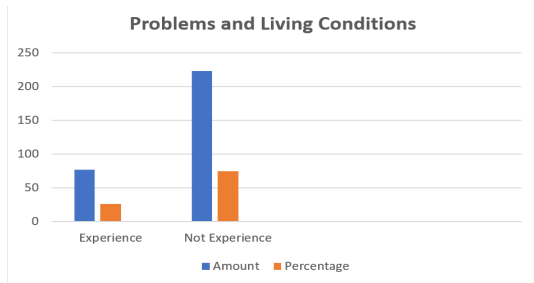


Figure 2. characteristics respondent based on economy and condition life

Based on the image was obtained information that part big family namely 74.3% did not experience economic problems, and only a small portion, namely 25.7%, experienced economic constraints in the household.

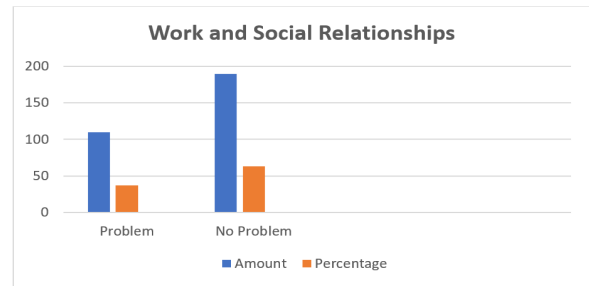


Figure 5. characteristics respondent based on work and connection social

Based on the picture, information was obtained that 63.3% of families did not experience problems in terms of work and social relations with the environment. and some others experienced problems with work and social relations of 36.7%.

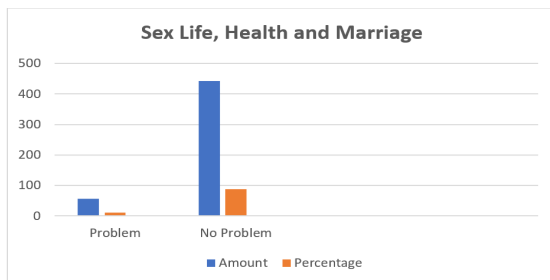


Figure 3. characteristics respondent based on sex, health and marriage.

Based on this image, information was obtained that 88.6% of married couples did not experience problems. in life sex, health and and marriage, and part only 11.4% experienced problems in terms of sex life and family health.

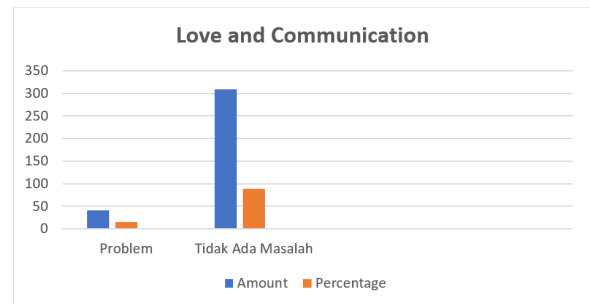


Figure 6. characteristics respondent based on love and communication

Based on this picture, information is obtained that almost all married couples, namely 88.3%, have no problems in cultivating feelings of love (mawaddah) and intensive communication with their partner, and only a small percentage experience problems in maintaining love and communication within the family. namely 14.7%.

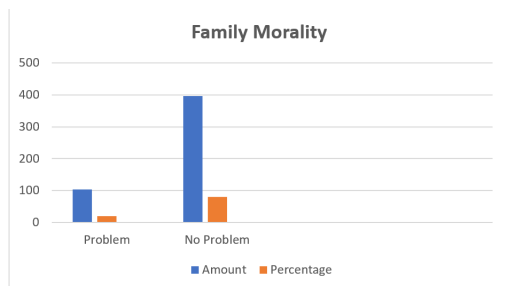


Figure 4. characteristics respondent based on life morality family

Based on the image, information was obtained that 79.4% of families did not experience problems in family morality, there were no family conflicts, and a small portion, namely 20.6%, experienced problems. conflict in family and family morality issues of each married couple

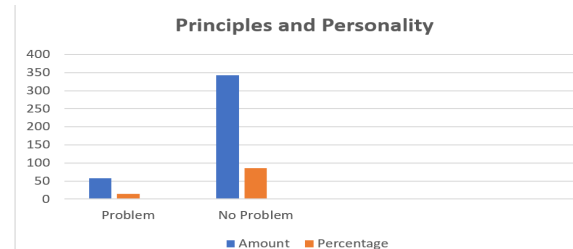


Figure 7. characteristics respondent based on principle and personality

Based on the picture, we get information that most married couples do not experience problem which principle in respond to personality partner namely as big as 85.5% of them maintain mutual

trust and respect gender equality in the household, and only a part small only those who experience constraint with maintain each ego is 14.5%.

From all the indicators of the positive impact of marriage guidance in building a harmonious family and resilience in the household, the following conclusions can be drawn:

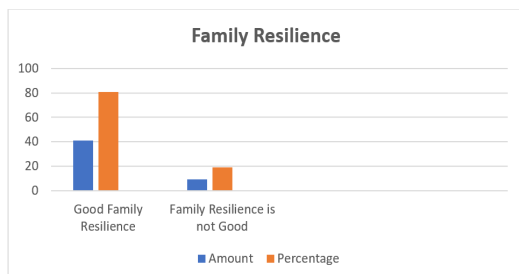


Figure 8. Family Resilience

Based on the picture above, it is obtained information that 81% of families are able to maintain their households, and only a small portion experience cracks in the household that lead to divorce, which is 19%. This means that marriage guidance can provide a positive impact on the formation of a married family and household resilience so that it can reduce the number of divorces.

Discussion

Marriage guidance is one of the things that is carried out before marriage and is wrong one condition must for candidate bride which want to carry out marriage. Marriage guidance is provided to provide provisions for married life, and to prevent and overcome problems which happen in house stairs, and achievement resilience family so that can press number divorce (Alo & Akinde, 2010). Therefore, marriage guidance is very important to be given to couples who want to carry it out marriage to achieve family resilience so that a harmonious household or family is realized (Ulfiah, 2021). The Minister of Religion conveyed the need to strengthen the institution of marriage through revitalizing the implementation of marriage guidance for prospective brides and grooms. The results of the analysis that have been described can be interpreted as meaning that the marriage guidance variable has a positive impact on family resilience. The marriage

guidance program is implemented to provide provisions for prospective brides and grooms about family knowledge and reproductive health so that prospective brides and grooms have provisions of knowledge, physical and mental readiness in entering the marriage stage to form a happy and prosperous family, so that the divorce rate and disputes can be reduced.

The effectiveness of marriage guidance has been proven to be able to reduce the divorce rate. In accordance with Richard Steers' theory and concept in (Kuswanto et al., 2020), with the achievement of goals, the process of integration and adaptation so that the process of implementing marriage guidance becomes effective. In achieving the effectiveness of marriage guidance in building a samara family in Ponorogo district, the success of guidance can be seen from the effectiveness factors of the program according to Steers' theory, namely:

1. Achievement of Goals. The goal of marriage guidance is to build a harmonious household, the Islamic Community Guidance of the Ministry of Religion of Ponorogo Regency in collaboration with the KUA throughout Ponorogo Regency always improves services to the community, both indirectly and directly to its targets, namely marriage guidance provided to couples who are about to get married.
2. Integration. Process socialization with public and service local Good For establishing a cooperation or partnership, developing consensus to produce a joint agreement in making decisions, and the communication process runs smoothly. The resource person (facilitator) is one of the most important elements in the implementation of marriage guidance, therefore the facilitator must be able to read the situation and condition of the prospective bride and groom faced and master the material or materials and be able to provide a good example, and have a high intention of devotion, so that they view their duties and work not just as worldly workers but also considered and based on the intention of worship.

3. Adaptation. Bimas Islam Regency Ponorogo has own role Which big And effective in implementing marriage guidance for prospective brides and grooms, so that they are able to adapt in facing a new life in a household. This can be seen from the success that has been achieved in suppressing and reducing the divorce rate, in line with the purpose of holding marriage guidance, namely so that prospective brides and grooms have more mature provisions or preparations regarding problems in marriage so that they are able to face their new stage of life, namely a harmonious household life.

This phenomenon is reinforced by statistical data on divorce rates in recent years at the Ponorogo Religious Court. Based on divorce data at the Ponorogo Regency Religious Court in the 2019-2021 period, there has been an increase. Divorce data recorded at the Ponorogo Regency Religious Court can be seen in the following table:

Table 1. Divorce Complaint Data as of January 1, 2019-December 31, 2021 Ponorogo Religious Court

Case Lawsuit	2019	2020	2021
Number of complaints on divorce cases at the Religious Courts of Ponorogo Regency	2069	1,910	1990
Number of divorce case decisions at the Religious Courts of Ponorogo Regency	556	498	540
Number of decisions on divorce lawsuits at the Religious Courts of Ponorogo Regency	1513	1412	1450

Data source: Ponorogo Religious Court

Based on table 1, it can be seen that divorce data from January 1, 2019 to December 31, 2021 at the Ponorogo Religious Court, the number of cases received in 2019 was 2069 with details of the number of divorce case decisions as many as 556 plus divorce lawsuits as many as 1513 In 2020, the number of complaint cases The number of divorce cases received by the Ponorogo Regency Religious Court was 1910 with the number of divorce case decisions as many as 498 plus divorce

lawsuits as many as 1412. And in 2021, the number of divorce complaints received by the Ponorogo Regency Religious Court was 1990, the number of divorce cases successfully decided by the Ponorogo Regency Religious Court was 540 plus divorce lawsuits as many as 1450. The causes of divorce can be seen in the pie chart as follows:

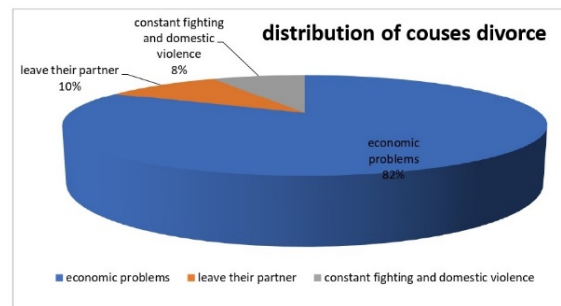


Figure 9. Pie Chart of Causes of Divorce in Ponorogo Regency Based on Data from the Ponorogo Religious Court

Based on these figures, the data obtained by the Ponorogo Religious Court during 2019 was dominated by economic problems, reaching 82.3% or 1711 cases. Leaving one party as much as 9.8% or as many as 204 cases, continuous disputes and quarrels as much as 7.8% or as many as 163 cases. Others such as domestic violence or imprisonment are 0.1%. Although there is no detailed data regarding the factors of infidelity, it is suspected that there are other causes. In 2020, 1,769 cases were decided, consisting of 498 contested divorce cases and 1,412 lawsuit cases. A total of 1,990 divorce cases were submitted during 2021, resulting in 1,919 cases being successfully decided, consisting of 540 contested divorce cases and 1,450 contested divorce cases. This figure has increased compared to 2020, when only 1,910 cases were filed and 1,769 cases were decided. According to Zainal Arifin, the high divorce rate is still dominated by the divorced party or the woman. When the woman feels uncomfortable, they immediately file for divorce through a lawyer.

From the explanation or illustration above, it can be seen that economic factors are the cause of the wife filing for divorce. This is not only caused by life-threatening life difficulties, but is better understood as a problem of division of roles in the household. As is known, in this modern era, job opportunities that require women are

very numerous, even greater than opportunities for men. This is where the importance of gender-responsive marriage guidance as a provision for prospective husband and wife to be able to understand the roles and duties of each in building a household, so that it is hoped that it can create a happy and prosperous family.

CONCLUSION

From the results of the research that has been carried out, it can be concluded that the marriage guidance provided by the Islamic Guidance Center of Ponorogo Regency has been implemented effectively, with the achievement of objectives being carried out according to planning and integration. with related agencies and the socialization process with the community

went well, supported by the expertise of the facilitator, as well as the adaptability of the prospective bride and groom in facing a new life in marriage thanks to the big role of Bimas Islam in providing marriage guidance. Marriage guidance also has a positive impact on household resilience, with a frequency of 41 and a percentage of 81% in the good category.

CONFESSION

This research was funded by the Directorate of Research and Community Service, Directorate General of Research and Development, Ministry of Research,

Technology, and Higher Education and has been ethically approved with the number R&D 072/449/405.28/2022.

AUTHOR'S NOTE

The author declares that there is no conflict of interest with any party.

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